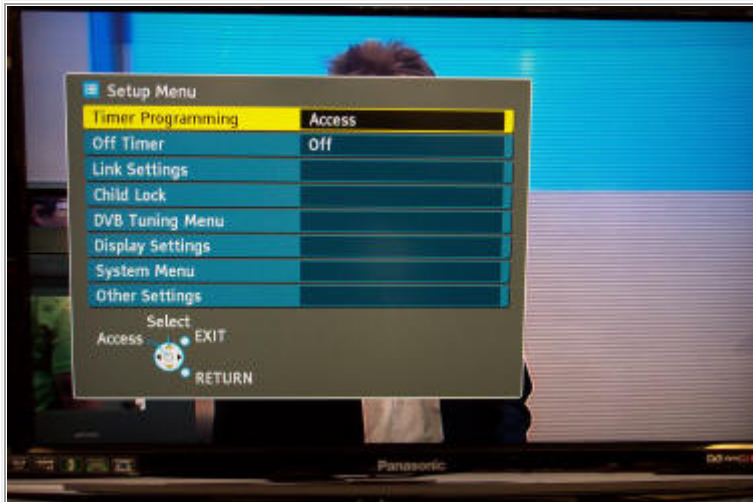


How to retune the 2008 and 2009 range of Panasonic Viera Televisions

On the remote control press the **MENU** button, then press the **▼** button to move the yellow cursor down to highlight **Setup** then press **OK**



Using the **▼** button move the yellow cursor down to highlight **DVB Tuning Menu** then press **OK**



Using the **▼** button move the yellow cursor down to highlight **Auto Setup** then press **OK** to access



When you see this caption which says **All DVB Tuning Data will be erased** press OK to Start **Auto Setup**



You will then see the **DVB Auto Setup** screen which will gradually populate with all the Digital (Freeview) channels that are available to you. After approximately 3 minutes the TV will have completed the tuning process and will automatically display BBC1

